

國立政治大學商學院學友制度心得報告

Buddy Program Reflection

學號	中文姓名	參加學友制學期	外籍學友英文全名
110303017	高海茵	112-1	Adam Gryczuk

1. 學友簡介 (含第一次聯繫及 email 截圖) :

The image shows a Gmail interface with an email from 'NCCU buddy' to 'Adam Gryczuk'. The email content is as follows:

NCCU buddy (外部) 收件匣 x

高海茵 <110303017@g.nccu.edu.tw> 寄給 48318 7月2日 週日 下午9:56

Hello Adam, I'm your buddy in National Chengchi University. My name is Hailey. The following links are my Facebook and Instagram. I think it's more convenient to chat on fb and IG so please add me on fb or IG. Thank you! Feel free to message me if you have any problem! See you soon~

<https://www.facebook.com/haiyinnx?mibextid=LQQJ4d>

<https://instagram.com/haiyinnx?igshid=OGQ5ZDc2ODk2ZA==>

Hailey Kao from NCCU

Adam Gryczuk <48318@kozminski.edu.pl> 寄給我 7月3日 週一 上午6:50

翻譯成中文 (繁體)

Hi Hailey, nice to meet you and thanks for email. It is good idea to chat on fb, I have sent you invitation.

Adam Gryczuk, Kozminski University

Below the email is a WhatsApp chat conversation with Adam Gryczuk:

Adam Gryczuk: Hi Hailey

Me: First I would like to thank you for emailing me, that was very kind of you and also good idea to text via social media 😊

Me: Second I would like to sorry that I haven't text before but ughhhh I was overloaded with paperwork to get visa

Me: And to be honest I'm still fighting paperworks to get visa, but before my arrival to Taiwan everything should be fine

Me: Anyway, I will study management, mostly at Commerce department ✨

Me: What about you? What are you studying at NCCU?

Adam Gryczuk: 你回覆了 Adam Gryczuk

Me: Hi Hailey

Me: Hello Adam~

Adam Gryczuk: 你回覆了 Adam Gryczuk

Me: Second I would like to sorry that I haven't text before but ughhhh I was.....

Me: Don't be sorry! Thanks for your reply! 💜

Adam Gryczuk: 你回覆了 Adam Gryczuk

Me: And to be honest I'm still fighting paperworks to get visa, but before m.....

Me: Hope everything goes well ! 💜

我的學伴是Adam，來自波蘭科斯明斯基大學，來台交換一年。

2. 學友最喜歡臺灣的那一點(可自由發揮字數不限)

食物與文化

3. 接待心得(至少 300 字以上)

首先透過Email取得學伴的IG，協助回答他關於台灣生活、學校方面如選課問題，Adam對於學校選課系統感到有點複雜，不過最後有順利完選課。他對於學校科學相關、劍道社團有興趣，然而擔心語言方面對於外籍生不友善，我則是鼓勵他可以嘗試看看。開學初與系上學長共同帶學伴遊台北，首先，去了雙月食品社吃中餐，體驗台灣當地料理，再來去到故宮博物院參觀台灣文物，讓學伴們更加深入了解台灣文化。晚餐去到士林夜市讓學伴體驗台灣當地小吃，他們嘗試了胡椒餅與地瓜球，推薦他們嘗試臭豆腐但最終沒有成功。晚餐後到劍潭站附近的台北表演藝術中心參觀，當天有演出但沒有買票只能在建築物內參觀，一整天下來更加了解彼此，希望他們能適應台灣生活食物與文化！

照片*2 (含文字介紹、拍攝日期及地點活動名稱)



地點：故宮博物院外拍攝
時間：2023/9/29

