

電子報三

波蘭美食



蘋果烤鴨，波蘭名菜。波蘭簡餐店一般來說價格不會很貴，有些料理甚至比台北便宜。



波蘭名菜之一是餃子，外表跟我們的水餃很相似，鹹的口味通常有馬鈴薯、白起司、肉末等；也有甜的口味，照片中即是藍莓、蘋果內餡的餃子。一開始會覺得水餃是甜的很奇怪，但出乎意料的好吃。Zapiecek 這間餐廳的餃子很好吃，分店很多。



這間甜甜圈可說是我華沙美食第一名，來華沙千萬不要錯過。火車站地下街有一間、捷運 centrum 站往新世界大道也有一間。



波蘭的 pancake，內餡有分甜跟鹹，非常好吃，也有把 pancake 切成麵條形狀，做成義大利麵。

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RESTAURACJE

常去的一間餐廳，分店很多，出示學生證有一些餐點是半價，推薦烤豬排，超多汁。

附件：

SGH 負責交換學生事務的承辦人員非常熱心給大家這份華沙必做清單

here's the must-do list:

- have ice cream in Malinova next to SGH building C - I hope you all already did!
- eat in a milk bar (I recommend Bambino at ul.Krucza 21 - this one even has an English menu - or Familijny at Nowy Świat 39; the hip milk bar to visit is PRASOWY at Marszałkowska 10)
- if you don't find milk bars appealing - head for the tiny Noname Bistro at Chmury klub at ul. 11 listopada 22 in Praga (next to tram stop INŻYNIERSKA, trams no.23 & 26 take you there from subway station RATUSZ ARSENAŁ) - delicious home-made food for superlow prices! While you're there, check out the other 5 bars/clubs in the courtyard
- if you're ready to order in Polish and want to experience something truly different, go to ul.Poznańska 5, ring the apartment at no.1 and enter a semi-private cafeteria in an apartment where the menus are written out by hand on small slips of paper daily

(each table has one). You can always ask for half a portion (pół porcji) - they usually agree! The old man at the door takes payments only after you've eaten :) Remember to try kompot. or a boiled fruit drink!

There's also another one called SMAK at ul. Lwowska 11 apartment 100

- eat a pączek (Polish doughnut) from cafe Blikle (ul. Nowy Świat 33), Pawłowicz pastry shop (at Chmielna 13!) or the famous pastry shop at ul.Górczewska 15 (open only until 4PM!)

- try one of Warsaw's signature cakes: wuzetka or Zygmuntówka (the former being definitely more popular)

- have pho soup at either of these Vietnamese restaurants: Que Huong at pl.

Zbawiciela, Pho Ha Noi at Chmielna 5 or Duża Mi-cha at ul.Złota 3

- visit the Nowy Teatr (New Theater) at ul.Madalińskiego 10/16 - they currently have a photo exhibit on Warsaw

- Speaking of your neighborhood - have breakfast in any of your local cafes: Kubek w Kubek, Lokalna, Bułkę przez bibułkę, Relaks, Śniadaniownia or Poranna

- have tatar (steak tartare) in Warszawska on pl.Zbawiciela, the butcher's restaurant at ul.Żytnia 64 (Pasja Smakuis the name) or Cafe Lotos on ul.Belwederska 4

- visit the Warsaw University Library - BUW (bus stop name: BUW) and stop by the cafes/pastry shops at ul.Lipowa

- Enjoy a panoramic view of Warsaw from the St.Anna's church tower by the Castle Square (pl.Zamkowy) in the Old Town (the cost is 5zł, but the view is so worth it), the top of Palace of Culture and Science or from the Panorama Bar at the 40th floor of the Marriott (open from 6 PM!)

- For gift ideas, visit the Ethnographic Museum at ul. Kredytowa 1 (I love their cafe, too!) , Bęc Zmiana NGO at ul.Mokotowska 65 (easily missed, because it's so tiny!) or the Warsaw Historical Museum in the Old Town Market Square at no.28)

- visit the National Museum: Polish painting art is truly amazing, especially from the 19th century!
- visit one of the two Neon Museums in the world (the other is in Las Vegas), located in the Praga district in an area known as Soho Factory at ul.Mińska 25 (tram #8 from city center) - more info here.
- take the train from Powiśle across the river to WARSZAWA FALENICA (it's a 20 minute ride, but it feels like going somewhere farther away), where the local train station is home to a movie theater and a cafe - you can place your order in the course of the screening, too! Currently virtually the only film in English they're playing is Kraina Lodu (Frozen), but you can check their screenings schedule here.
- stroll through Łazienki (the Royal Baths) park - located 20 minutes' walk away from your dorm (see the map here). Be sure to bring bread for ducks, swans, carp and squirrels!
- try the zapiekanka, or Polish fast food, now available in the deluxe version at Serwus on Chocimska 33 (closed Mondays, open 12-9PM on all other days)
- enjoy a stroll down ul.Francuska, one of the nicest streets in Warsaw, in Saska Kępa. To get there, take a tram from CENTRUM to RONDO WASZYNGTONA and from the traffic circle Francuska will be the street on your right hand side. There are many bars and restaurants there, too! Also, check out ul.Zwycięzców while you're there. One of my favorite bars is Towarzyska at ul.Zwycięzców 49
- if you've never been, check out the Christmas Polish fashion, art&design market that will be taking place in the unoccupied Branickich Palace right next to the Castle Square (and St.Anna's Church)
- check out Polish arts and crafts at ul.Piękna 19, open daily throughout December - more info here.

Enjoy your stay in Warsaw!